

MBUZZZZZZ

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Independence Day as All Hell Breaks Loose



The Crucial 15th Day of the 7th Lunar Month!

As we go through the Hungry Ghost Month (17 August – 15 September 2012), we are fast approaching the **15th Day of the 7th Lunar Month** (31 August 2012) where all Hell Breaks Loose 100%, billions of spirits will be released and this is the day the spirits get it's independence day and starts to roam freely and visit those in the human realms. This is a crucial day where extra care should be taken into consideration. If you were in South East Asia, you would see a lot of

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112 Moray Street, South
Melbourne VIC 3205

PH 03 9078 6596

SMS 0423 602 038

wofsmelb8@fengshuified.com

www.mfengshuified.com

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people making offering rituals and feast to appease the spirits especially on this day.



It so happens that this day falls on the Independence Day for Malaysia. I am beginning to wonder how this will affect the country as many people would be celebrating and counting down to when

the gates of hell is opened completely and making it a joyous event. Many people will be out and about celebrating, partying late through the night and up to the wee mornings; this would of course means partying with the underworld. It would be much better if one do not celebrate on this day or even stay out late but observe and respect that this is the time for the spirits to roam free.

As from my previous article, I have explained that this is the main day where ceremonies and offerings are held for the "Hungry Ghost" and throughout the month

this would be the most crucial day to stay protected and practice taboo on what not to do. So here I am providing more information on the Do's and Don't that you can look into with an open mind that has been practiced by Chinese as a tradition around the world for many years now.

DO NOT

X Have late nights out as you may bring back with you the negative energy or unintentionally bring the spirit home along with you. It is also believed that some of these spirits may also cause harm in a way that makes you the substitute so they can be reborn.

X Walk in a dark place, alley as spirits like to linger around these places especially dark corners.



X Go swimming, take boats rides or walk near any lake or beaches as spirits tend to linger around these areas and it I believed that if you go swimming during this month the spirit may pull you under water and drowned you so they can get a substitute to replace them in Hell.

X The spirits would enjoy a good performance or theatre show and would normally be sitting in the front row, so do not sit in the front row.

X Move into a new house, commence a new business, have a wedding ceremony as it is considered as an inauspicious month.

X Paint your nails black, or wearing too much dark colours as it is already a Yin month, by wearing dark colours you are creating more Yin energy for yourself. It is also believed that the dead are known to have black nails due to a halt in blood flow.

X Do not cut your fingernails at night as you may just attract and see a ghost.

X Make complaints or comment about smelling something fragrant, or burning or smells of incense, as these may be the passer-by of the spirit wandering around.



X If you are walking alone late at night on a quiet road, do not turn around if you hear someone calling your name.

X Do not sing or whistle late at night, this might attract wandering spirits.

X Hang your clothes to dry at night outside, as this may attract wandering spirits to get attached to it and you will end up with them.

X Go on a camping, trekking or hiking trip, as chances of injuries and getting possessed are higher.

X Tell ghost stories in the late night, as you will attract unwanted attention from roaming spirits.

X If you come across food, fruits, jostick, paper money by the road side, do not pick it up as some people may be making offerings and by accidently picking it up or stepping on it may offend the spirit and allow them to take revenge on you.

PLEASE DO

D Ignore and pretend that you do not see these spirits if you are a person with a third eye that can see them, if they know that you can see them, they will not stop bothering you and would ask for your help or have a conversation with you.

D Be very careful when traveling or driving, as this is the time where many accidents happen so they can find a substitute and reincarnate.

D Go out to better-lit places where there are many people that have good Yang energy.

D Burn incense and cleanse your home as much as you can this month.

D Wear or carry a protection amulet with you when you go out this month, especially if you are going to be out late.

D Use more Yang colour choices everyday.



D Use or wear good crystals that can help cleanse or ward off negative energies.

D If you have to come home late, make sure you wash your feet, hands and face before you climb into bed or even before entering your home.



D Have a good temperament this month as a bad one can attract wandering spirits that will weaken your own spirit essence and life force that will lead to illnesses.

D Keep your home well lit and make sure more sunlight gets into the house. Decorate with fresh flowers or more Yang positive decorations.

D Perform more prayers, meditation and practice healthy living such as eating well and turning in early at night.

D Perform more charitable good deeds and transfer the good merits you receive after doing a good deed to your family, friends, and enemies or even to the wandering spirits so they can have a better chance to be reincarnate.

These are the Chinese tradition that are followed and taken seriously. Do not laugh it off as superstitions as I always believe that taking precaution is better then being sorry for it later. So please be extra careful this Friday, 31 August 2012 and be safely relaxing at home as that would be a much better choice!



Mfengshuified Australia Pty Ltd

112 Moray Street South Melbourne VIC 3205

PH 03 9078 6596

SMS 0423 602 038

wofsmelb8@fengshuified.com

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